## Antimicrobial Modification

Quick Reference Guide



### AIM

Provision of effective antibiotic treatment to maximize benefit, while avoiding unnecessary antibiotic use that would promote development of resistance<sup>1,2</sup>

#### Initiate<sup>3-5</sup>

- Select empirical antibiotics based on treatment guidelines and local susceptibilities
- Consider patient factors\*
- Anticipate common pathogens for suspected source

#### Evaluate<sup>3-5</sup>

- Assess clinical signs and symptoms daily
- Check cultures and molecular diagnostics
- Review dosing strategy

#### **Optimize**<sup>1-6</sup>

• Once microbiological results are known, optimize antibiotic therapy (by **de-escalation** or **escalation** as deemed necessary) based on clinical response, patient factors\*, and culture and susceptibility results (Figure)

#### \*Patient factors to be considered during antibiotic selection<sup>3-5</sup>:

- Kidney and liver functions
- Previous healthcare exposure
- Recent antibiotic use
- Immunocompromised status
- Potential drug-drug interactions
- Allergy



<sup>+</sup>Use the least number of antibiotics to cover the identified pathogen(s) Adapted from Zilahi et al. 2016<sup>6</sup>



# Consider ALL patients on antibiotics with a POSITIVE culture for antibiotic modification<sup>6,7</sup>

- 1. Review the type, source and status of the culture
- 2. Is an infection present?
- 3. Is the positive culture complete are other cultures pending?
- 4. What is the pathogen's susceptibility profile?
- 5. What antibiotic is the patient on is a narrower spectrum antibiotic appropriate?
- 6. Are there any patient-specific factors to consider (eg, allergies, concomitant drugs)?

## Benefits of de-escalation<sup>2,3,8,9</sup>



• Unaltered clinical outcomes compared to maintenance of initial therapy



Prevent emergence of antimicrobial resistance



Decreased antibiotic adverse events



- Reduced overall antimicrobial costs
  - Reduced unnecessary antibiotic use
- Optimized duration of therapy

### Timely de-escalation<sup>10,11</sup>



- Assess daily for potential to de-escalate
- Consider de-escalation as soon as the causative pathogen has been identified and susceptibility profile is known

## *"Each physician prescribing antibiotics should be challenged for the quality of her/his prescription on a daily basis"*<sup>11</sup>

#### Recommending optimization of antibiotics to prescribers

#### TEMPLATE<sup>12</sup>

[Patient name] was started empirically on [name of broader spectrum antibiotic] for the treatment of [infection syndrome] [number of days] days ago.

The [culture type] sent before antibiotics were started came back positive for [pathogen name] which is susceptible to [name of narrower spectrum antibiotic].

The patient is improving clinically. [Provide specific parameters such as temperature, blood pressure, white blood cell count, degree of pain/cognition, or other objective/ subjective parameters as evidence to support clinical improvement] after starting antibiotic therapy.

Based on culture results, I would recommend de-escalating antibiotic therapy to [name of narrower spectrum antibiotic, dose, route, frequency] and would continue this therapy for [number of days].

#### **References:**

- 1. Garnacho-Montero J, et al. Antibiotic de-escalation in the ICU: How is it best done? Curr Opin Infect Dis 2015;28:193-198.
- 2. Masterton RG. Antibiotic de-escalation. Crit Care Clin 2011;27:149-162.
- 3. Campion M, Scully G. Antibiotic use in the intensive care unit: Optimization and de-escalation. J Intensive Care Med 2018;33:647-655.
- Levy Hara G, et al. Ten key points for the appropriate use of antibiotics in hospitalised patients: A consensus from the Antimicrobial Stewardship and Resistance Working Groups of the International Society of Chemotherapy. Int J Antimicrob Agents 2016;48:239-246.
- 5. Leekha S, et al. General principles of antimicrobial therapy. Mayo Clin Proc 2011;86:156-167.
- 6. Zilahi G, et al. Duration of antibiotic therapy in the intensive care unit. J Thorac Dis 2016;8:3774-3780.
- Intermountain Healthcare. De-escalation: Quick reference guide for hospital pharmacists. December 2013. Available at: https://mi-hms. org/sites/default/files/Intermountain % 20Health % 20De-escalation\_Appendix % 20O.pdf. Accessed July 2022.
- Lew KY, et al. Safety and clinical outcomes of carbapenem de-escalation as part of an antimicrobial stewardship programme in an ESBLendemic setting. J Antimicrob Chemother 2015;70:1219-1225.
- 9. Teh HL, et al. Impact of extended and restricted antibiotic deescalation on mortality. Antibiotics (Basel) 2021;11:22.
- 10. Evans L, et al. Surviving sepsis campaign: International guidelines for management of sepsis and septic shock 2021. Intensive Care Med 2021;47:1181-1247.
- 11. Mathieu C, et al. Efficacy and safety of antimicrobial de-escalation as a clinical strategy. Expert Rev Anti Infect Ther 2019;17:79-88.
- 12. Nebraska ASAP. Pharmacist guide to making antibiotic therapy recommendations. July 2017. Available at: https://asap.nebraskamed. com/wp-content/uploads/sites/3/2017/07/Pharmacist-Guide-to-Making-Antibiotic-Therapy-Recommendations.pdf. Accessed July 2022.

The Antimicrobial Resistance & Stewardship Working Group would like to acknowledge the support from Pfizer that has made this material possible.

