

HOW do I take them?



You should **ALWAYS** take your antibiotics exactly as prescribed.^{1,2}

ALWAYS take **ALL** the pills that you've been given, even if you feel better before you finish them.²

DON'T miss a dose.

NEVER save them for later.^{1,2}

NEVER give them to someone else.¹



WHY is this important?



Antibiotics work by killing bacteria.^{3,4}

If you don't take your antibiotics properly, the bacteria may survive and become resistant to the medications.

If antibiotics are no longer effective, routine operations in hospitals will become increasingly dangerous or impossible, and more complications or deaths may occur.

Help to protect your family and friends with correct antibiotic use.³

References

- 1. Public Health England. Resources toolkit for healthcare professionals in England. Available at: https://www.swyapc.org/wp-content/uploads/2018/11/WAAW_EAAD_AG_KAW_Resources-Toolkit-2018_final.pdf. Accessed September 2024.
- 2. US FDA. Combating antibiotic resistance. Updated Oct 2019. Available at: https://www.fda.gov/consumers/consumer-updates/combating-antibiotic-resistance. Accessed September 2024.
- 3. Public Health England. Become an antibiotic guardian. Available at: www.gov.uk/government/uploads/system/uploads/attachment_data/file/465963/AntibioticGuardian_3-fold-leaflet_FINAL.pdf. Accessed December 2017.
- 4. Public Health England. Get well soon poster. Available at: www.gov.uk/government/uploads/system/uploads/attachment_data/file/465976/Get_Well_Soon_Info.pdf. Accessed December 2017.

